



**ANew360**, powered by WebMD ONE, can help you reach your well-being goals and be the best “you.”

### ACHIEVE WHAT MATTERS MOST

**ANew360** is a personalized well-being experience. Whether you'd like to spend more time working out at the gym, being active with your family, or doing anything in-between, **ANew360** can be customized to help you achieve your unique goals.

It provides you with a recommended action plan, a personalized homepage, and other tools that can help guide you:

- **Health Assessment**—A personalized status report with tips to improve.
- **Daily Habits**—Track your goals and take control of your well-being.

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### DOWNLOAD OUR MOBILE APP, WELLNESS AT YOUR SIDE

1. Visit the Apple App Store or the Google Play Store and search for “Wellness At Your Side.”
2. Download and open the app, then enter your connection code: anew360

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Start Your Personal Journey Now.

[bcbswy.com/wellness](http://bcbswy.com/wellness)



WebMD Health Services is an independent company providing well-being solutions for Blue Cross Blue Shield of Wyoming clients and members. Anew360 is a wellness program provided by Blue Cross Blue Shield of Wyoming.